

Gathering Table
a Faith Community
in the Anglican Church of Canada



The Fifth Sunday after the Epiphany

.Greetings In The Name Of The Risen Lord !

Been - Sa - gen, Jem na do waky gan ning

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Gathering Table
a Faith Community in the Anglican Church of Canada

Officiating and Preaching: Rev. Ann Camber
Lay Reader: Rose Jardine
Music: Donna and Ted Hamill and Singers
Lector: David Reid, Richard Pepper
Eucharistic Assistants: Sylvia and Alex Kostecki
Greeters: Neil and Audrey Love
Altar Guild: Erminie Reid

The Fifth Sunday after The Epiphany

February 4th, 2024

10:00 a.m.

WELCOME TO GATHERING TABLE

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For thousands of years, First Nations people have walked on this land; their relationship with the land is at the centre of life and spirituality. We are gathered as treaty people on the traditional territory of the Anishnaabeg of the Fort William First Nation and acknowledge this people's stewardship of this land through the ages.

**Welcome To Gathering Table
and Opening Remarks**

Welcome to all our visitors and newcomers we're glad you're here! We invite you to sign our Visitor's Book at the back of the church.

He took our infirmities and bore our diseases.
Matthew 8.17

Opening Music: **CP 177**
A Spendthrift Lover Is The Lord

Gathering of the Community *BAS page 185*

Celebrant: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All: And also with you.

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden. Cleanse the
thoughts of our hearts by the inspiration of your
Holy Spirit, that we may perfectly love you, and
worthily magnify your holy name; through Christ
our Lord. Amen.**

Collect Of The Day

Celebrant: Merciful Lord, grant to your faithful people pardon and peace, that we may be cleansed from all our sins and serve you with a quiet mind; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. **All: Amen**

Children's Time: **Rev. Ann Camber**

The Proclamation of the Word

The First Readings is from the Book of Isaiah

Isaiah 40: 21 – 31

Have you not known? Have you not heard? Has it not been told you from the beginning? Have you not understood from the foundations of the earth? It is he who sits above the circle of the earth, and its inhabitants are like grasshoppers; who stretches out the heavens like a curtain, and spreads them like a tent to live in; who brings princes to naught, and makes the rulers of the earth as nothing. Scarcely are they planted, scarcely sown, scarcely has their stem taken root in the earth, when he blows upon them, and they wither, and the tempest carries them off like stubble. To whom then will you compare me, or who is my equal? says the Holy One. Lift up your eyes on high and see: Who created these? He who brings out their host and numbers them, calling them all by name; because he is great in strength, mighty in power, not one is missing. Why do you say, O Jacob, and speak, O Israel, "My way is hidden from the Lord, and my right is disregarded by my God"? Have you not known? Have you not heard? The Lord is the everlasting God, the Creator of the ends of the earth. He does not faint or grow weary; his understanding is unsearchable. He gives power to the faint, and strengthens the powerless. Even youths will faint and be weary, and the young will fall exhausted; but those who wait for the Lord shall renew their strength, they shall mount up with wings like eagles, they shall run and not be weary, they shall walk and not faint.

This is the Word of the Lord

Thanks be to God

Psalm 147: 1 – 12, 21c

Refrain: Praise the Lord who heals the broken hearted.

Hallelujah! How good it is to sing praises to our God! how pleasant it is to honour him with praise!

The Lord rebuilds Jerusalem; he gathers the exiles of Israel.

Refrain: Praise the Lord who heals the broken hearted.

He heals the broken hearted and binds up their wounds.

He counts the number of the stars and calls them all by their names.

Refrain: Praise the Lord who heals the broken hearted.

Great is our Lord and mighty in power; there is no limit to his wisdom.

The Lord lifts up the lowly, but casts the wicked to the ground.

Sing to the Lord with thanksgiving; make music to our God upon the harp.

Refrain: Praise the Lord who heals the broken hearted.

He covers the heavens with clouds and prepares rain for

the earth;

He makes grass to grow upon the mountains and green plants to serve mankind.

Refrain: Praise the Lord who heals the broken hearted.

He provides food for flocks and herds and for the young ravens when they cry.

He is not impressed by the might of a horse, he has no pleasure in the strength of a man.

But the Lord has pleasure in those who fear him, in those who await his gracious favour.

Hallelujah!

Refrain: Praise the Lord who heals the broken hearted.

The Psalm Prayer

BAS Page 907

God of the universe, Lord of life, give us grace to see you in all your works, in all creatures, all people, and in our hearts, that we may faithfully serve you and worthily praise your holy name, through Jesus Christ our Lord. All: Amen.

The Second Reading is from The First Letter of Paul to the Corinthians

1 Corinthians 9: 16 – 23

If I proclaim the gospel, this gives me no ground for

boasting, for an obligation is laid on me, and woe to me if I do not proclaim the gospel! For if I do this of my own will, I have a reward; but if not of my own will, I am entrusted with a commission. What then is my reward? Just this: that in my proclamation I may make the gospel free of charge, so as not to make full use of my rights in the gospel. For though I am free with respect to all, I have made myself a slave to all, so that I might win more of them. To the Jews I became as a Jew, in order to win Jews. To those under the law I became as one under the law (though I myself am not under the law) so that I might win those under the law. To those outside the law I became as one outside the law (though I am not free from God's law but am under Christ's law) so that I might win those outside the law. To the weak I became weak, so that I might win the weak. I have become all things to all people, that I might by all means save some. I do it all for the sake of the gospel, so that I may share in its blessings.

This is the Word of the Lord
Thanks be to God

Gradual: **CP 531**
You Who Dwell In The Shelter Of The Lord
(On Eagle's Wings) (Omit V 2)

The Lord be with you.
And also with you.

The Holy Gospel of our Lord Jesus Christ according to
Mark

ALL: Glory to you Lord Jesus Christ

Mark 1: 29 – 39

As soon as they left the synagogue, they entered the house of Simon and Andrew, with James and John. Now Simon's mother-in-law was in bed with a fever, and they told Jesus about her at once. He came and took her by the hand and lifted her up. Then the fever left her, and she began to serve them. That evening, at sundown, they brought to him all who were sick or possessed with demons. And the whole city was gathered around the door. And he cured many who were sick with various diseases, and cast out many demons; and he would not permit the demons to speak, because they knew him. In the morning, while it was still very dark, he got up and went out to a deserted place and there he prayed. And Simon and his companions hunted for him. When they found him, they said to him, "Everyone is searching for you." He answered, "Let us go on to the neighbouring towns, so that I may proclaim the message there also; for that is what I came out to do." And he went throughout Galilee, proclaiming the message in their synagogues and casting out demons.

This is The Gospel of Christ
Praise to You, Lord Jesus Christ

Sermon: **Rev. Ann Camber**

A Time of Silent Reflection

The Apostles' Creed –

BAS Page 189

Celebrant: Let us confess the faith of our baptism, as we say,

I believe in God, the Father almighty, creator of heaven and earth. I believe in Jesus Christ, his only Son, our Lord. He was conceived by the power of the Holy Spirit and born of the Virgin Mary. He suffered under Pontius Pilate, was crucified, died, and was buried. He descended to the dead. On the third day he rose again. He ascended into heaven, and is seated at the right hand of the Father. He will come again to judge the living and the dead. I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting. Amen.

Intercessions and Thanksgivings

Prayers of the People

Lay Reader

An IONIAN PRAYER adapted for this service. In every prayer there will be a time of silence in which you are invited to add the names of those who are on your heart (either silently or aloud). The Lay Reader will close each section with: 'May they know the deep Peace of Christ'. **The response is: 'May we all know the deep Peace of Christ'.**

Loving God, We hold in Your healing presence and peace those who suffer pain and ill health, those who mourn, those whose needs are not known to us, but who are known by You; and those for whom we have been asked to pray.

PLEASE ADD THE NAMES OF THOSE FOR WHOM YOU PRAY.

May they know the deep peace of Christ.

ALL: May we all know the deep peace of Christ.

Loving God, we hold in Your healing presence the suffering people of our world, and the places where people are experiencing hurt and division, including places of hurt and division in our own lives and our relationships.

PLEASE ADD NAMES OR SITUATIONS.

May they know the deep peace of Christ.

ALL: May we all know the deep peace of Christ.

Loving God, we hold in Your healing presence those who need wisdom for their next steps.

PLEASE ADD THE NAMES OF THOSE ON YOUR HEART, WHILE THE FOLLOWING PRAYER IS READ:

We pray for the Vestry of Gathering Table, as we approach the annual meeting. Guide us into wise and just decisions, ones that reflect the direction in which You send us.

We pray for Baptismal candidates and their sponsors, who will receive the Holy Sacrament of Baptism at Easter. We pray for the people studying in Confirmation classes.

May they know the deep peace of Christ.

ALL: May we all know the deep peace of Christ.

Loving God, we hold in Your healing presence those situations that seem broken and beyond repair.

PLEASE ADD SITUATIONS THAT ARE ON YOUR HEART.

We pray for the many areas of conflict around the Earth, and especially for the Middle East, where You chose to come to us in flesh, and will come again. Lord Jesus, come soon.

May they know the deep peace of Christ.

ALL: May we all know the deep peace of Christ.

ALL: Father, we thank you for Your everlasting mercy. We seek Your continued blessing as we work on growing where we are planted. We seek the continued gift of wisdom for our leaders, both clergy and lay. We seek continued strength for all people as we work out our mission. For the gifts that You have given us, we are grateful. Help us to use them wisely. AMEN

The Confession and Absolution – *BAS Page 191*

Dear friends in Christ, God is steadfast in love and infinite

in mercy; he welcomes sinners and invites us to his table. Let us confess our sins, confident in God's forgiveness.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

The Peace of the Lord be always with you
And also with you

Offertory: **CP 347 The God Of Abraham Praise**

Prayer over the Gifts

Celebrant: God of compassion and forgiveness, receive our offering this day, and make us one with him who is our peace, Jesus Christ our Saviour. **All: Amen**

Receiving Holy Communion

This is the table of Christ made ready for those who love him and for those who want to love him more. So come, whether you have much faith or little, have tried to follow or afraid you have failed. Come because it is Christ's will that those who want to meet him, might meet him here.

Our tradition says that to receive any part of the Eucharist is to receive the full grace of the Sacrament.

The Celebration of the Eucharist
Eucharistic Prayer 2

BAS Page 196

The Lord be with you.
And also with you.

Lift up your hearts.
We lift them to the Lord.

Let us give thanks to the Lord our God.
It is right to give our thanks and praise.

We give you thanks and praise, almighty God, through your beloved Son, Jesus Christ, our Saviour and Redeemer. He is your living Word, through whom you have created all things.

By the power of the Holy Spirit he took flesh of the Virgin Mary and shared our human nature. He lived and died as one of us, to reconcile us to you, the God and Father of all.

In fulfilment of your will he stretched out his hands in suffering, to bring release to those who place their hope in you; and so he won for you a holy people. He chose to

bear our griefs and sorrows, and to give up his life on the cross, that he might shatter the chains of evil and death, and banish the darkness of sin and despair. By his resurrection he brings us into the light of your presence. Now with all creation we raise our voices to proclaim the glory of your name

**Holy, holy, holy Lord
God of power and might
Heaven and earth are
full of Your glory
Hosanna in the highest
Hosanna in the highest
*Blessed is He who comes
in the name of the Lord*
Hosanna in the highest
Hosanna in the highest**

Patrick Schlabs

Holy and gracious God, accept our praise, through your Son our Saviour Jesus Christ; who on the night he was handed over to suffering and death, took bread and gave you thanks, saying, "Take, and eat: this is my body which is broken for you." In the same way he took the cup, saying, "This is my blood which is shed for you. When you do this, you do it in memory of me."

Remembering, therefore, his death and resurrection, we offer you this bread and this cup, giving thanks that you have made us worthy to stand in your presence and serve you.

We ask you to send your Holy Spirit upon the offering of your holy Church. Gather into one all who share in these sacred mysteries, filling them with the Holy Spirit and confirming their faith in the truth, that together we may praise you and give you glory through your Servant, Jesus Christ.

All glory and honour are yours, Father and Son, with the Holy Spirit in the holy Church, now and for ever.

All: Amen.

The Lord's Prayer

BAS page 211

And now, as our Saviour Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread #1

BAS Page 212

Celebrant: “I am the bread of life,” says the Lord.
“Whoever comes to me will never be hungry; whoever believes in me will never thirst.”

All: Taste and see that the Lord is good; happy are they who trust in him!

Celebrant: The gifts of God for the People of God.
All: **Thanks be to God.**

AGNUS DEI

Lamb of God you take away
the sin of the world
have mercy on us

Lamb of God you take away
the sin of the world
have mercy on us

Lamb of God you take away
the sin of the world
grant - us peace

Communion Music:

**Embrace the Mystery
I Will Say**

Prayer After Communion

Celebrant: Eternal God, in you we find peace beyond all telling. May we who share in this heavenly banquet be instruments of your peace on earth, in the name of Jesus Christ the Lord. All: **Amen**

The Doxology

BAS page 214

Celebrant: All your works praise you, O Lord.

All: **And your faithful servants bless you. Gracious** God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live

his risen life; we, who drink his cup, bring life to others; we, who the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. **Amen.**

The Blessing: **Rev. Ann Camber**

Celebrant: Remember the Good News that we have received and proclaimed this day – The Good News in which we stand and through which we are being saved.

All: **We will remember and hold tightly to the truth we proclaim with joy!**

Celebrant: Christ died for our sins, just as the scriptures said that he would.

All: **But the story doesn't end in death. Christ was raised on the third day, just as it was promised.**

Celebrant: We are witnesses to this Good News, and God commands that we do not keep this news to ourselves!

All: **We will testify to all that Christ is Lord!**

(benediction by Amy Loving, and posted on the Worship Closet website)

Announcements:

Closing Music: **Christ Whose Glory Fills The Skies**

Dismissal: Go in peace to love and serve the Lord.

**Thanks be to God.
Alleluia ! Alleluia ! Alleluia !**

Please note that there is a 'treasure chest' at the back of the church where offerings can be left when leaving the church.

**Readings for The Last Sunday after the Epiphany
Freast of The Transfiguration Sunday**

2 Kings 2: 1 - 12.....

Psalm 50: 1 - 6

2 Corinthians 4: 3 - 6

Mark 9: 2 - 9

Anglican Cycle of Prayer Please Pray for:

The Anglican Diocese of the South, Archbishop Foley Beach and his wife, Allison, and Bishop Frank Lyons and his wife, Shawnee.

Anglican Lutheran Cycle of Prayer :

Please Pray for:

ACC: The Rt. Rev. John Watton, Bishop, and the people and clergy of the Diocese of Central Newfoundland

ELCIC The dean, council, and congregations of the Two Rivers, Nith Valley and Niagara Areas of the Eastern Synod

TOGETHER

For a growing openness to dialogue and encounter with people of other faith traditions during World Interfaith Harmony Week

Diocese of Ontario Cycle of Prayer: Please pray

for: St. Mary Magdalene, Picton The Ven. Dr. Bram Pearce The Rev. Fran Langlois Deacon

Our Parish Cycle of Prayer

Please pray for our own church members:

Mary Browne and Jaclynn Marttunen, Connie Bryson, Murray Butler, Laura Byce, Anna and Grace Dosen, David L Bythell, Rev. Ann Camber, Blaine Carlson, Alan and Marilyn Chisholm, Doug and Sheila Chisholm, Gail Pell, Bruno Coda, Darleah Kostyniuk-Coda, and Cosmo Coda, Lois Colpitts, Maureen and Teresa Colpitts/Andreychuk, Brenda Coopman, Sharon Corston, Hellen Corston, Margaret Cousins, Joe and Nancy Crane

Please Pray For: Our young people in Junior High School, High School, College and University who are struggling academically, social and mentally, as well as with understanding their own identities.

A grace note from www.thunderbay-northshoreanglicans.com

God raises us up to a new life of hope.

Baptism and Confirmation

Adult Confirmation classes have begin. See Rev. Ann. If you are interested in attending. ***Our next baptism*** is March 31, 2024 at the Easter service, please let Rev. Ann know. rector@gatheringtable.ca

2024 Parishioner Parking Passes are available at the office Tues. – Thurs. 10 a.m.–2 p.m.: Fri. 8 a.m. – noon

The Cold Weather is Here

Please make sure that if you are the last to leave, that you shut the doors in the different areas of the church and hall to help save money on heating. *Thanks David Reid*



Scents, kitchen, allergies

For the well-being of us all, a few reminders:

Please do not wear scents (perfume, cologne, hairspray etc.) because exposure to them can adversely affect a person's health, including headaches, shortness of breath, nausea and fatigue. After using the kitchen, please ensure that all surfaces are cleaned and sanitized and the floor is swept of any mouse-attracting crumbs. Some of us have life-threatening allergies to nuts, so please do not bring food containing nuts into the building. Sealed items for the Food Cupboard are exempt.

We Welcome Your Prayer Requests:

If you have any needs or concerns that you would like placed on the Gathering Table prayer chain, please email the request to prayerchain@gatheringtable.ca. If you do not have access to email, please call the office or Sheila Chisholm at 807-787-0465 and we will get it sent out for you.

Our Daily Bread is available at the back of the church

Pick up a copy today for ***March, April, May***

Reminder about - Visitations Communion:

Let Rev. Ann know if someone you know would like a visit. call 807-285-9446 or email at: rector@gatheringtable.ca



2024 Envelopes are now available at the back of the Church. A note about offerings: all information is on the shelves at the back of the Church. If you used the numbered offering envelopes in 2023 you will find a personalized box of 2024 envelopes for your use. If you wish to use weekly offering envelopes you may take an unassigned box and add your name to the list beside the box number. If you would like to contribute using the Electronic Offering Program*, which we recommend, these forms are also available at the back of the Church fill in the information and turn it into the office. If you are already using EOP you may amend your offerings using the same form. E-transfers can also be made to Gathering Table by using: office@gatheringtable.ca and use “church” as your security answer. If you require any assistance, please consult a Warden. The EOP is administered by the Diocese and is a pre-authorized payment plan offering a steady flow of funds to Gathering Table. It takes the worry about “catching up” if you are away or cannot attend for any reason.

Sunday Sermons: Sunday service can be viewed on the Gathering Table website <http://gatheringtable.ca> and on the Gathering Table Facebook page. The whole service will be live streamed at 10 a.m. Sunday at the link <http://gatheringtable.ca> **Please Note** You may be visible on the online stream

Church Calendars Available: We still have a few calendars left, just \$6.00 each. Please let the office know,

at 807-345-6898 or office@gatheringtable.ca

EVENTS AT GATHERING TABLE

Each September groups wishing to book the use of the hall, kitchen has to fill in the “Booking Request Form” each year for your groups’ activities. Please contact the office to request the form. office@gatheringtable.ca
Or call 807-345-6898

Calendar of Events

| | |
|-----------------------|--|
| Feb. 6 th | Altar Guild Meeting 3 p.m. |
| Feb. 6 th | Rector’s Book Study 7 p.m. Zoom |
| Feb. 9 th | Food Cupboard Prep |
| Feb. 11 th | Food Cupboard |
| Feb. 13 th | Pancake Tuesday – 5 p.m. – Veterans and their family are free |
| Feb. 14 th | Sleepy G. Farm Pick Up |
| Feb. 14 th | Ash Wednesday – 7 p.m. |
| Feb. 16 th | Food Cupboard Prep |
| Feb. 18 th | Annual Vestry – - noon |
| Feb. 20 th | Camp Gitchigomee - 7 p.m. Gathering Table |
| Feb. 23 rd | Food Cupboard Prep |
| Feb. 23 rd | Gitchi-Gathering Family Games Night and Snacks 7 p.m. Everyone Welcome |
| Feb. 24 th | Deanery Meeting – St. Mark’s at 9:30 a.m. |
| Feb. 25 th | Food Cupboard |
| Feb. 27 th | Parish Advisory Council (PAC) Zoom 7 p.m. |
| Feb. 28 th | Sleepy G. Farm last Pick Up |
| Mar. 31 st | Baptism on Easter Sunday |
| Apr. 19 th | Mission to Seafarers Dinner, save the date |
| Apr. 23 rd | Camp Gitchigomee 2 Bit Auction |



Join us for Coffee Hour following the Service Today.



**Gitchi – Gathering Fun Family Games Night
Friday, February 23rd, 2024**

7 p.m.

Everyone welcome to come and join us for an evening of fun games, and snacks. Bring your favourite game, or use one of ours.



Our Lenten journey starts on Ash Wednesday Feb 14! Get ready with a tummy full of buttermilk and blueberry pancakes and sausages by coming to our

**Shrove Tuesday Pancake Supper
on February 13, from 5 – 7 PM in our Parish Hall.**

Live music is on the menu too.

**Cost is \$7 per adult, children \$5, infants free.
As a token of our appreciation for their service,
there is no cost for Veterans and their families.**

See you there!



Gathering Table
228 Pearl Street, Thunder Bay, Ontario P7B 1E4

Email: office@gatheringtable.ca

Web: <http://gatheringtable.ca>

Office: 345-6898

Hall: 345-6088

Office Hours:

Tuesday, Wednesday and Thursday from 10 a.m. – 2 p.m.

Office Administrator: Roberta Wolfe

Treasurer: Sharon Corston: Friday from 8 a.m. to noon –

Pastor: Rev. Ann Camber, M.Div.

Phone: 807-251-7503 Email: rector@gatheringtable.ca

Lay Readers:

Frances Bennett-Sutton, Rose Jardine, Brenda O'Neill,

Richard Pepper, Jim Sutton, Kim Bienvenue,

Rector's Warden: David Reid

People's Warden: Jim Sutton

Deputy People's Warden: Sheila Chisholm

Music Director: Pianist Donna Hamill

Wifi Guest Password at Gathering Table > GTGuest1

Archbishop Anne's Motto for 2024

"God loves a cheerful giver."

2 Corinthians 9: 6 - 11