

Gathering Table
a Faith Community in the Anglican Church of Canada

Officiating and Preaching: Rev. Ann Camber
Lay Reader: Kim Bienvenue
Music: Donna and Ted Hamill and Singers
Lector: Brenda O'Neill and Jim Sutton
Eucharistic Assistants: David and Erminie Reid
Greeters: Ellie Bennett & Mary Ripley
Altar Guild: Sarah Pyne

The Fourth Sunday after The Epiphany

January 28th, 2024

10:00 a.m.

WELCOME TO GATHERING TABLE

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For thousands of years, First Nations people have walked on this land; their relationship with the land is at the centre of life and spirituality. We are gathered as treaty people on the traditional territory of the Anishnaabeg of the Fort William First Nation and acknowledge this people's stewardship of this land through the ages.

**Welcome To Gathering Table
and Opening Remarks**

Welcome to all our visitors and newcomers we're glad you're here! We invite you to sign our Visitor's Book at the back of the church.

Jesus went about Galilee, teaching, preaching,
and healing every disease. *See Matthew 4.23*

Opening Music: **CP 384** **(V 1,2,3 & 6)**
Praise To The Lord, The Almighty

Gathering of the Community *BAS page 185*

Celebrant: The grace of our Lord Jesus Christ, and the
love of God, and the fellowship of the Holy Spirit, be with
you all.

All: And also with you.

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden. Cleanse the
thoughts of our hearts by the inspiration of your
Holy Spirit, that we may perfectly love you, and
worthily magnify your holy name; through Christ
our Lord. Amen.**

Collect Of The Day

Celebrant: Living God, in Christ you make all things
new. Transform the poverty of our nature by the riches of
your grace, and in the renewal of our lives make known
your glory; through Jesus Christ our Lord, who is alive
and reigns with you and the Holy Spirit, one God, now and
for ever. **All: Amen**

Children's Time: **Rev. Ann Camber**

The Proclamation of the Word
First Readings is from the Book of Deuteronomy
Deuteronomy 18: 15 – 20

The Lord your God will raise up for you a prophet like me from among your own people; you shall heed such a prophet. This is what you requested of the Lord your God at Horeb on the day of the assembly when you said: "If I hear the voice of the Lord my God any more, or ever again see this great fire, I will die." Then the Lord replied to me: "They are right in what they have said. I will raise up for them a prophet like you from among their own people; I will put my words in the mouth of the prophet, who shall speak to them everything that I command. Anyone who does not heed the words that the prophet shall speak in my name, I myself will hold accountable. But any prophet who speaks in the name of other gods, or who presumes to speak in my name a word that I have not commanded the prophet to speak - that prophet shall die."

This is the Word of the Lord
Thanks be to God

Psalm 111

Refrain: The fear of the Lord is the beginning of wisdom.

Hallelujah! I will give thanks to the Lord with my whole heart, in the assembly of the upright, in the congregation.

Great are the deeds of the Lord! they are studied by all who delight in them.

Refrain: The fear of the Lord is the beginning of wisdom.

His work is full of majesty and splendour, and his righteousness endures for ever. He makes his marvellous works to be remembered; the Lord is gracious and full of compassion.

Refrain: The fear of the Lord is the beginning of wisdom.

He gives food to those who fear him; he is ever mindful of his covenant.

He has shown his people the power of his works in giving them the lands of the nations.

Refrain: The fear of the Lord is the beginning of wisdom.

The works of his hands are faithfulness and justice; all his commandments are sure.

They stand fast for ever and ever, because they are done in truth and equity.

Refrain: The fear of the Lord is the beginning of wisdom.

He sent redemption to his people; he commanded his covenant for ever; holy and awesome is his name. The fear of the Lord is the beginning of wisdom; those who act accordingly have a good understanding; his praise endures for ever.

Refrain: The fear of the Lord is the beginning of wisdom.

The Second Reading is from The First Letter of Paul to the Corinthians

1 Corinthians 8: 1 – 13

Now concerning food sacrificed to idols: we know that "all of us possess knowledge." Knowledge puffs up, but love builds up. Anyone who claims to know something does not yet have the necessary knowledge; but anyone who loves God is known by him. Hence, as to the eating of food offered to idols, we know that "no idol in the world really exists," and that "there is no God but one." Indeed, even though there may be so-called gods in heaven or on earth - as in fact there are many gods and many lords - yet for us there is one God, the Father, from whom are all things and for whom we exist, and one Lord, Jesus Christ, through whom are all things and through whom we exist. It is not everyone, however, who has this knowledge. Since some have become so accustomed to idols until now, they still think of the food they eat as food offered to an idol; and their conscience, being weak, is defiled. "Food will not bring us close to God." We are no worse off if we do not eat, and no better off if we do. But take care that this liberty of yours does not somehow become a stumbling block to the weak. For if others see you, who possess knowledge, eating in the temple of an idol, might they not, since their conscience is weak, be encouraged to the point of eating food sacrificed to idols? So by your knowledge those weak believers for whom Christ died are destroyed. But when you thus sin against members of your family,

and wound their conscience when it is weak, you sin against Christ. Therefore, if food is a cause of their falling, I will never eat meat, so that I may not cause one of them to fall.

This is the Word of the Lord
Thanks be to God

Gradual: **CP 487** **(V 1-4)**
Where Charity And Love Prevail

The Lord be with you.
And also with you.

The Holy Gospel of our Lord Jesus Christ according to
Mark

ALL: Glory to you Lord Jesus Christ

Mark 1: 21 – 28

They went to Capernaum; and when the sabbath came, Jesus entered the synagogue and taught. They were astounded at his teaching, for he taught them as one having authority, and not as the scribes. Just then there was in their synagogue a man with an unclean spirit, and he cried out, "What have you to do with us, Jesus of Nazareth? Have you come to destroy us? I know who you are, the Holy One of God." But Jesus rebuked him, saying, "Be silent, and come out of him!" And the unclean spirit, convulsing him and crying with a loud voice, came out of him. They were all amazed, and they kept on asking one another, "What is this? A new teaching - with authority! He commands even the unclean spirits, and they obey him."

(As we stand in God's presence, let us pray to the Lord, saying, "Lord, have mercy.")

Lord have mercy.

For the whole People of God, that each one may be a true and faithful servant of Christ, let us pray to the Lord.

Lord, have mercy.

For those drawing near to the light of faith, that the Lord will bring them to true knowledge of himself, let us pray to the Lord.

Lord, have mercy.

For our families and friends, that the Lord will give them joy and satisfaction in all that they do, let us pray to the Lord.

Lord, have mercy.

For those who are lonely, sick, hungry, persecuted, or ignored, that the Lord will comfort and sustain them, let us pray to the Lord.

Lord, have mercy.

For our country, that the Lord will help us to contribute to its true growth and well-being, let us pray to the Lord.

Lord, have mercy.

For the whole human family, that we may live together in justice and peace, let us pray to the Lord.

Lord, have mercy.

The Confession and Absolution – *BAS Page 191*

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites us to his table. Let us confess our sins, confident in God's forgiveness.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

The Peace of the Lord be always with you
And also with you

Offertory: **Give Us Your Peace**

Prayer over the Gifts

Celebrant: God of steadfast love, may our offering this day, by the power of your Holy Spirit, renew us for your service. We ask this in the name of Jesus Christ the Lord.

All: Amen

Receiving Holy Communion

This is the table of Christ made ready for those who love him and for those who want to love him more. So come, whether you have much faith or little, have tried to follow or afraid you have failed. Come because it is Christ's will that those who want to meet him, might meet him here.

Our tradition says that to receive any part of the Eucharist is to receive the full grace of the Sacrament.

The Celebration of the Eucharist

Eucharistic Prayer # 1—

BAS Page 193

Celebrant: The Lord be with you.

All: **And also with you.**

Celebrant: Lift up your hearts.

All: **We lift them to the Lord.**

Celebrant: Let us give thanks to the Lord our God.

All: **It is right to give our thanks and praise**

Celebrant: It is indeed right that we should praise you, gracious God, for you created all things. You formed us in your own image: male and female you created us. When we turned away from you in sin, you did not cease to care for us, but opened a path of salvation for all people. You made a covenant with Israel, and through your servants Abraham and Sarah gave the promise of a blessing to all nations. Through Moses you led your people from

bondage into freedom; through the prophets you renewed your promise of salvation. Therefore, with them, and with all your saints who have served you in every age, we give thanks and raise our voices to proclaim the glory of your name.

**Holy, holy, holy Lord
God of power and might
Heaven and earth are
full of Your glory
Hosanna in the highest
Hosanna in the highest
*Blessed is He who comes
in the name of the Lord*
Hosanna in the highest
Hosanna in the highest**

Patrick Schlabs

Celebrant Holy God, source of life and goodness, all creation rightly gives you praise. In the fullness of time, you sent your Son Jesus Christ, to share our human nature, to live and die as one of us, to reconcile us to you, the God and Father of all. He healed the sick and ate and drank with outcasts and sinners; he opened the eyes of the blind and proclaimed the good news of your kingdom to the poor and to those in need. In all things he fulfilled your gracious will.

On the night he freely gave himself to death, our Lord Jesus Christ took bread, and when he had given thanks to you, he broke it, and gave it to his disciples, and said, “Take, eat: this is my body which is given for you.

Do this for the remembrance of me.”

After supper he took the cup of wine; and when he had given thanks, he gave it to them, and said, “ Drink this, all of you: this is my blood of the new covenant, which is shed for you and for many for the forgiveness of sins.

Whenever you drink it, do this for the remembrance of me.”

Gracious God, his perfect sacrifice destroys the power of sin and death; by raising him to life you give us life for evermore.

Therefore we proclaim the mystery of faith.

**All: Christ has died.
Christ is risen.
Christ will come again.**

Celebrant Recalling his death, proclaiming his resurrection, and looking for his coming again in glory, we offer you, Father, this bread and this cup. Send your Holy Spirit upon us and upon these gifts, that all who eat and drink at this table may be one body and one holy people, a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ, in the unity of the Holy Spirit, all glory is yours, almighty Father, now

and for ever. **All: Amen.**

The Lord’s Prayer

BAS page 211

And now, as our Saviour Christ has taught us, we are bold to say,

Our Father, who art in heaven, hallowed be thy name, thy kingdom come, thy will be done, on earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, as we forgive those who trespass against us. And lead us not into temptation, but deliver us from evil. For thine is the kingdom, the power, and the glory, for ever and ever. Amen.

The Breaking of the Bread #4

BAS Page 212

Celebrant: “I am the bread which has come down from Heaven,” says the Lord.

All: Give us this bread for ever.

Celebrant: “I am the vine, you are the branches.”

All: May we dwell in him, as he lives in us.

Celebrant: The gifts of God for the People of God.

All: Thanks be to God.

AGNUS DEI

Lamb of God you take away
the sin of the world
have mercy on us

Lamb of God you take away
the sin of the world
have mercy on us

Lamb of God you take away
the sin of the world

grant - us peace

Communion Music:

**CP 292 We Cannot Measure How You Heal
Have Mercy On Me**

Prayer After Communion

Celebrant: Source of all goodness, in this eucharist we are nourished by the bread of heaven and invigorated with new wine. May these gifts renew our lives, that we may show your glory to all the world, in the name of Jesus Christ the Lord. **All: Amen**

The Doxology

BAS page 214

Celebrant: All your works praise you, O Lord.

All: And your faithful servants bless you. Gracious God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others; we, who the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. **Amen.**

The Blessing: Rev. Ann Camber

Know that the ever-present mystery we name God is in your past forgiving you, in your present loving you, and in your future meeting you. And may the blessing of the Source of life, love and hope, the Word of life, compassion

and wisdom and Breath of life, grace and truth surround,
sustain and surprise you, this day and all your days.

Amen

Announcements:

Closing Music: **We Are Called**

Dismissal: Go in peace to love and serve the Lord.

**Thanks be to God.
Alleluia ! Alleluia ! Alleluia !**

Please note that there is a 'treasure chest' at the back of the
church where offerings can be left when leaving the
church.

Readings for The 5th Sunday after the Epiphany

Isaiah 40: 21 – 31 ..

Psalm 147: 1 – 12, 21c

1 Corinthians 9: 16 – 23

Mark 1: 29 - 39

Anglican Cycle of Prayer Please Pray for: The Gulf
Atlantic Diocese, Bishop Alex Farmer and his wife, Jody,
and Bishop Neil Lebhar and his wife, Marcia.

Anglican Lutheran Cycle of Prayer :

Please Pray for:

ACC: The Most Rev. David Edwards, Metropolitan, and
the people and clergy of the Ecclesiastical
Province of Canada

ELCIC The dean, council, and congregations of the

Atlantic and Montreal Areas of the Eastern Synod

Diocese of Ontario Cycle of Prayer: Please pray for: Anglican Churches of Quinte West St. George's, Trenton Holy Trinity, Frankford Christ Church, Glen Miller The Rev. Anne Moore Interim Priest in Charge

Our Parish Cycle of Prayer

Please pray for our own church members:

Bruce and Georgina Adderley, Roberta Adderley, Angela Alberta and Ava, Katelin Anderson, Ryan Thrasher, Brooke, Scarlett, Olivia, and Arya, Margaret Aris, Darlene Armstrong, Errol Atkinson, Sabata Baya, Ellen Beaudry and Clint, Richard and Lesley BeauParlant, Wendy Bell, Ellie Bennett , Kerri and Shane Bernardi, and Samuel, Sydney Bernardi, Kim Bienvenue, Adrian Boissoneau, Jim Bolt, Margaret Boone.

Please Pray For: Our young people in Junior High School, High School, College and University who are struggling academically, social and mentally, as well as with understanding their own identities.

A grace note from www.thunderbay-northshoreanglicans.com

Spend your time with God's Book, not Facebook.

Baptism and Confirmation

Adult Confirmation classes have begin. See Rev. Ann. If you are interested in attending. Our next baptism is March 31, 2024 at the Easter service.

2024 Parishioner Parking Passes are available at the office Tues. – Thurs. 10 a.m. – 2 p.m.: Friday 8 a.m. – 12 noon.

The Cold Weather is Here

Please make sure that if you are the last to leave, that you shut the doors in the different areas of the church and hall to help save money on heating. *Thanks David Reid*



Scents, kitchen, allergies

For the well-being of us all, a few reminders:
Please do not wear scents (perfume, cologne, hairspray etc.) because exposure to them can adversely affect a person's health, including headaches, shortness of breath, nausea and fatigue. After using the kitchen, please ensure that all surfaces are cleaned and sanitized and the floor is swept of any mouse-attracting crumbs. Some of us have life-threatening allergies to nuts, so please do not bring food containing nuts into the building. Sealed items for the Food Cupboard are exempt.

We Welcome Your Prayer Requests:

If you have any needs or concerns that you would like placed on the Gathering Table prayer chain, please email the request to prayerchain@gatheringtable.ca. If you do not have access to email, please call the office or Sheila Chisholm at 807-787-0465 and we will get it sent out for you.

Our Daily Bread is available at the back of the church
Pick up a copy today for ***March, April, May***

Reminder about - Visitations Communion:

Let Rev. Ann know if someone you know would like a visit. please call 807-285-9446 or email her at:

rector@gatheringtable.ca



2024 Envelopes are now available at the back

A note about offerings: all information is on the shelves at the back of the Church. If you used the numbered offering envelopes in 2023 you will find a personalized box of 2024 envelopes for your use. If you wish to use weekly offering envelopes you may take an unassigned box and add your name to the list beside the box number. If you would like to contribute using the Electronic Offering Program*, which we recommend, these forms are also available at the back of the Church fill in the information and turn it into the office. If you are already using EOP you may amend your offerings using the same form. E-transfers can also be made to Gathering Table by using:

office@gatheringtable.ca and use “church” as your security answer. If you require any assistance, please consult a Warden. The EOP is administered by the Diocese and is a pre-authorized payment plan offering a steady flow of funds to Gathering Table. It takes the worry about “catching up” if you are away or cannot attend for any reason.

Sunday Sermons: Sunday service can be viewed on the Gathering Table website <http://gatheringtable.ca> and on the Gathering Table Facebook page. The whole service will be live streamed at 10 a.m. Sunday at the link <http://gatheringtable.ca> **Please Note** You may be visible

on the online stream

Church Calendars Available: We still have a few calendars left, just \$6.00 each. Please let the office know, at 807-345-6898 or office@gatheringtable.ca

EVENTS AT GATHERING TABLE

Each September groups wishing to book the use of the hall, kitchen has to fill in the “Booking Request Form” each year for your groups’ activities. Please contact the office to request the form. office@gatheringtable.ca

Or call 807-345-6898

Calendar of Events

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| Jan. 28 th | Food Cupboard |
| Jan. 31 st | Sleepy G. Farm Pick Up |
| Feb. 3 rd | Men’s Deanery Breakfast.-see Jim or David |
| Feb. 6 th | Altar Guild Meeting 3 p.m. |
| Feb. 9 th | Food Cupboard Prep |
| Feb. 11 th | Food Cupboard |
| Feb. 13 th | Pancake Tuesday – |
| Feb. 14 th | Sleepy G. Farm Pick Up |
| Feb. 14 th | Ash Wednesday – 7 p.m. |
| Feb. 16 th | Food Cupboard Prep |
| Feb. 18 th | Annual Vestry – - noon |
| Feb. 20 th | Camp Gitchigomee - 7 p.m. Gathering Table |
| Feb. 23 rd | Food Cupboard Prep |
| Feb. 23 rd | Gitchi-Gathering Family Games Night and Snacks 7 p.m. Everyone Welcome |
| Feb. 24 th | Deanery Meeting – St. Mark’s at 9:30 a.m. |
| Feb. 25 th | Food Cupboard |

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| Feb. 27 th | Parish Advisory Council (PAC) Zoom 7 p.m. |
| Feb. 28 th | Sleepy G. Farm last Pick Up |
| Mar. 31 st | Baptism on Easter Sunday |
| Apr. 23 rd | Camp Gitchigomee 2 Bit Auction (<i>Note Date</i>) |
| Apr. 19 th | Mission to Seafarers Dinner, save the date |



**Gitchi – Gathering Fun Family Games Night
Friday, February 23rd, 2024
7 p.m.**

Everyone welcome to come and join us for an evening of fun games, and snacks. Bring your favourite game, or use one of ours.



Deanery Men’s Breakfast

Is being organized for Saturday, February 3 at St. Paul’s Anglican Church, coffee on at 9:30 am, and sitting down at 10:00 am. Brendan from Sleepy G farms will be our guest speaker. Tickets will be available from parish reps on January 7th, 2024.

**Join us for Coffee Hour following the service
today, in the Parish Hall.**



Gathering Table
228 Pearl Street, Thunder Bay, Ontario P7B 1E4

Email: office@gatheringtable.ca

Web: <http://gatheringtable.ca>

Office: 345-6898

Hall: 345-6088

Office Hours:

Tuesday, Wednesday and Thursday from 10 a.m. – 2 p.m.

Office Administrator: Roberta Wolfe

Treasurer: Sharon Corston: Friday from 8 a.m. to noon –

Pastor: Rev. Ann Camber, M.Div.

Phone: 807-251-7503 Email: rector@gatheringtable.ca

Lay Readers:

Frances Bennett-Sutton, Rose Jardine, Brenda O'Neill,
Richard Pepper, Jim Sutton, Kim Bienvenue,

Rector's Warden: David Reid

People's Warden: Jim Sutton

Deputy People's Warden: Sheila Chisholm

Music Director: Pianist Donna Hamill

Wifi Guest Password at Gathering Table > GTGuest1

Archbishop Anne's Motto for 2024

"God loves a cheerful giver."

2 Corinthians 9: 6 - 11