

Gathering Table
a Faith Community
in the Anglican Church of Canada



BLESSED ARE THE MEEK



FOR THEY SHALL INHERIT THE EARTH.

‘Greetings In The Name Of The Risen Lord !

Been - Sa - gen, Jem na do waky gan ning

P·ΔΓΔΓδ ΔΠΓσβΓ·Δσ\ βΡ ·Δσᵀᵇ- ᵇΠVᵀΓᵑ-

Gathering Table
a Faith Community in the Anglican Church of Canada

Officiating and Preaching: Rev. Ann Camber

Lay Reader: Brenda O'Neill

Music: Donna and Ted Hamill and Singers

Lector: Marilyn Chisholm and Carol Kostyniuk

Eucharistic Assistants:

Jim Sutton, Frances Bennett-Sutton

Greeters: Elaine McKinnon and Ellie Bennett

Altar Guild: Erminie Reid

Fourth Sunday after Epiphany

January 29th, 2023

10:00 a.m.

WELCOME TO GATHERING TABLE

+ + + + + + + + + + + + + + +

For thousands of years, First Nations people have walked on this land; their relationship with the land is at the centre of life and spirituality. We are gathered as treaty people on the traditional territory of the Anishnaabeg of the Fort William First Nation and acknowledge this people's stewardship of this land through the ages.

**Welcome To Gathering Table
and Opening Remarks**

Welcome to all our visitors and newcomers We're glad you're here! We invite you to sign our Visitor's Book at the back of the church. We encourage "Masks" to be worn

under the new COVID-19 Protocols that were received from the Diocese of Algoma.

Rejoice and be glad, for your reward is great in heaven.

Matthew 5.12

Opening Music: **CP 161**

omit verse 4

Wise Men, They Came To Look For Wisdom

Gathering of the Community

BAS page 185

Presider: The grace of our Lord Jesus Christ, and the love of God, and the fellowship of the Holy Spirit, be with you all.

All: And also with you.

Almighty God,

**to you all hearts are open, all desires known,
and from you no secrets are hidden. Cleanse the
thoughts of our hearts by the inspiration of your
Holy Spirit, that we may perfectly love you, and
worthily magnify your holy name; through Christ
our Lord. Amen.**

Collect Of The Day

Presider: Living God, in Christ you make all things new. Transform the poverty of our nature by the riches of your grace, and in the renewal of our lives make known your glory; through Jesus Christ our Lord, who is alive and reigns with you and the Holy Spirit, one God, now and for ever.

All: Amen

Children's Time:

Rev. Ann Camber

The Proclamation of the Word

The First Reading is from the Book of Micah Micah 6: 1 - 8

Hear what the Lord says: Rise, plead your case before the mountains, and let the hills hear your voice. Hear, you mountains, the controversy of the Lord, and you enduring foundations of the earth; for the Lord has a controversy with his people, and he will contend with Israel. "O my people, what have I done to you? In what have I wearied you? Answer me! For I brought you up from the land of Egypt, and redeemed you from the house of slavery; and I sent before you Moses, Aaron, and Miriam. O my people, remember now what King Balak of Moab devised, what Balaam son of Beor answered him, and what happened from Shittim to Gilgal, that you may know the saving acts of the Lord." "With what shall I come before the Lord, and bow myself before God on high? Shall I come before him with burnt offerings, with calves a year old? Will the Lord be pleased with thousands of rams, with ten thousands of rivers of oil? Shall I give my firstborn for my transgression, the fruit of my body for the sin of my soul?" He has told you, O mortal, what is good; and what does the Lord require of you but to do justice, and to love kindness, and to walk humbly with your God?

This is the Word of the Lord
Thanks be to God

Psalm 15

Refrain: The just shall dwell on your holy mountain.

Lord, who may dwell in your tabernacle? who may abide upon your holy hill?

Whoever leads a blameless life and does what is right, who speaks the truth from his heart.

Refrain: The just shall dwell on your holy mountain.

There is no guile upon his tongue; he does no evil to his friend; he does not heap contempt upon his neighbour.

In his sight the wicked is rejected, but he honours those who fear the Lord.

Refrain: The just shall dwell on your holy mountain

He has sworn to do no wrong and does not take back his word.

He does not give his money in hope of gain, nor does he take a bribe against the innocent.

Whoever does these things shall never be overthrown.

Refrain: The just shall dwell on your holy mountain.

Psalm Prayer:

BAS page 718

God of wisdom and love, without you neither truth nor holiness can survive. Show your mighty presence among us, and make us glad in proclaiming your deliverance in Jesus Christ our Lord. Amen

The Second Reading is from the First Letter of Paul to The Corinthians

1 Corinthians 1: 18 – 31

The message about the cross is foolishness to those who are perishing, but to us who are being saved it is the power of God. For it is written, "I will destroy the wisdom of the wise, and the discernment of the discerning I will thwart." Where is the one who is wise? Where is the scribe? Where is the debater of this age? Has not God made foolish the wisdom of the world? For since, in the wisdom of God, the world did not know God through wisdom, God decided, through the foolishness of our proclamation, to save those who believe. For Jews demand signs and Greeks desire wisdom, but we proclaim Christ crucified, a stumbling block to Jews and foolishness to Gentiles, but to those who are the called, both Jews and Greeks, Christ the power of God and the wisdom of God. For God's foolishness is wiser than human wisdom, and God's weakness is stronger than human strength. Consider your own call, brothers and sisters: not many of you were wise by human standards, not many were powerful, not many were of noble birth. But God chose what is foolish in the world to shame the wise; God chose what is weak in the world to shame the

strong; God chose what is low and despised in the world, things that are not, to reduce to nothing things that are, so that no one might boast in the presence of God. He is the source of your life in Christ Jesus, who became for us wisdom from God, and righteousness and sanctification and redemption, in order that, as it is written, "Let the one who boasts, boast in the Lord."

This is the Word of the Lord
Thanks be to God

Gradual: **We Are The Light Of The World**

**The Holy Gospel of our Lord Jesus Christ
according to Matthew**

ALL: Glory to you Lord Jesus Christ

Matthew 5: 1 – 12

When Jesus saw the crowds, he went up the mountain; and after he sat down, his disciples came to him. Then he began to speak, and taught them, saying: "Blessed are the poor in spirit, for theirs is the kingdom of heaven. Blessed are those who mourn, for they will be comforted. Blessed are the meek, for they will inherit the earth. Blessed are those who hunger and thirst for righteousness, for they will be filled. Blessed are the merciful, for they will receive mercy. Blessed are the pure in heart, for they will see God. Blessed are the peacemakers, for they will be called children of God. Blessed are those who are persecuted for righteousness' sake, for theirs is the kingdom of heaven.

Blessed are you when people revile you and persecute you and utter all kinds of evil against you falsely on my account. Rejoice and be glad, for your reward is great in heaven, for in the same way they persecuted the prophets who were before you."

This is The Gospel of Christ
Praise to You, Lord Jesus Christ

Sermon: **Rev. Ann Camber**

A Time of Silent Reflection

The Apostles' Creed –

Page 189 BAS

Presider: Let us confess the faith of our baptism, as we say,

**I believe in God, the Father almighty,
creator of heaven and earth.**

**I believe in Jesus Christ, his only Son, our Lord.
He was conceived by the power of the Holy Spirit
and born of the Virgin Mary. He suffered under
Pontius Pilate, was crucified, died, and was
buried. He descended to the dead. On the third
day he rose again. He ascended into heaven,
and is seated at the right hand of the Father.
He will come again to judge the living and the
dead. I believe in the Holy Spirit, the holy catholic
Church, the communion of saints, the forgiveness
of sins, the resurrection of the body, and the life
everlasting. Amen.**

Intercessions and Thanksgivings

Prayers of the People

*Lay Reader
based on Litany 1*

In peace let us pray to the Lord, saying, “Lord, have mercy.”

For peace from on high and for our salvation, let us pray to the Lord.

Lord, have mercy.

For the peace of the whole world, praying especially for those places suffering from war and violence, particularly Ukraine, Afghanistan, Yemen, Syria, Somalia, and Ethiopia. For the welfare of the holy Church of God, and for the unity of all, let us pray to the Lord.

Lord, have mercy.

For our bishops, and for all the clergy, praying especially for Archbishop Anne, Reverend Ann, and Reverend Gail. For the members of Gathering Table, and for all people, let us pray to the Lord.

Lord, have mercy.

For Charles our King, for the leaders of the nations, and for all in authority, let us pray to the Lord.

Lord, have mercy.

For this city of Thunder Bay, for every city and community, and for those who live, work, and learn here,

let us pray to the Lord.

Lord, have mercy.

For good weather, and for abundant harvests for all to share, let us pray to the Lord.

Lord, have mercy.

For those who travel by land, water, or air, for the sick and the suffering (praying silently or aloud for those we wish to lift up to you....), for prisoners and captives, and for their safety, health, and salvation, let us pray to the Lord.

Lord, have mercy.

For our deliverance from all affliction, strife, and need, let us pray to the Lord.

Lord, have mercy.

For deep and lasting reconciliation from the residential school legacy, and for justice and peace for families of missing and murdered indigenous women and girls.

Lord, have mercy.

For all who have died, let us pray to the Lord.

Lord, have mercy.

Remembering all the saints, we commit ourselves, one another, and our whole life to Christ our God.

To you, O Lord.

Almighty God, you have given us grace at this time with one accord to make our common supplications to you, and

you have promised through your well-beloved Son that when two or three are gathered together you will hear their requests. Fulfil now our desires and petitions, as may be best for us, granting us in this world knowledge of your truth, and in the age to come eternal life; for you, Father, are good and loving, and we glorify you through your Son Jesus Christ our Lord, in the Holy Spirit, now and for ever. **Amen.**

The Confession and Absolution – *BAS Page 191*

Dear friends in Christ, God is steadfast in love and infinite in mercy; he welcomes sinners and invites us to his table. Let us confess our sins, confident in God's forgiveness.

Most merciful God,

we confess that we have sinned against you in thought, word, and deed, by what we have done, and by what we have left undone. We have not loved you with our whole heart; we have not loved our neighbours as ourselves. We are truly sorry and we humbly repent. For the sake of your Son Jesus Christ, have mercy on us and forgive us, that we may delight in your will, and walk in your ways, to the glory of your name. Amen.

Almighty God have mercy upon you, pardon and deliver you from all your sins, confirm and strengthen you in all goodness, and keep you in eternal life; through Jesus Christ our Lord. **Amen.**

The Peace

The Peace of the Lord be always with you
And also with you

Offertory: **CP 439** *Omit Verse 2*
Blest Are The Pure In Heart

Prayer over the Gifts

Presider: God of steadfast love, may our offering this day, by the power of your Holy Spirit, renew us for your service. We ask this in the name of Jesus Christ the Lord.

All: Amen

Receiving Holy Communion

This is the table of Christ made ready for those who love him and for those who want to love him more. So come, whether you have much faith or little, have tried to follow or afraid you have failed. Come because it is Christ's will that those who want to meet him, might meet him here.

Our tradition says that to receive any part of the Eucharist is to receive the full grace of the Sacrament.

The Celebration of the Eucharist

Eucharistic Prayer # 1— *BAS Page 193*

Presider: The Lord be with you.

***All:* And also with you.**

Presider: Lift up your hearts.

***All:* We lift them to the Lord.**

Presider: Let us give thanks to the Lord our God.

All: It is right to give our thanks and praise

Presider: It is indeed right that we should praise you,
gracious God,
for you created all things.

You formed us in your own image:
male and female you created us.

When we turned away from you in sin,
you did not cease to care for us,
but opened a path of salvation for all people.

You made a covenant with Israel,
and through your servants Abraham and Sarah
gave the promise of a blessing to all nations.

Through Moses you led your people
from bondage into freedom;
through the prophets

you renewed your promise of salvation.

Therefore, with them, and with all your saints
who have served you in every age,
we give thanks and raise our voices
to proclaim the glory of your name.

**Holy, holy, holy Lord
God of power and might
Heaven and earth are
full of Your glory**

**Hosanna in the highest
Hosanna in the highest
*Blessed is He who comes
in the name of the Lord***

**Hosanna in the highest
Hosanna in the highest**

Patrick Schlabs

Presider: Holy God, source of life and goodness,
all creation rightly gives you praise.
In the fullness of time,
you sent your Son Jesus Christ,
to share our human nature,
to live and die as one of us,
to reconcile us to you,
the God and Father of all.
He healed the sick
and ate and drank with outcasts and sinners;
he opened the eyes of the blind
and proclaimed the good news of your kingdom
to the poor and to those in need.
In all things he fulfilled your gracious will.

On the night he freely gave himself to death,
our Lord Jesus Christ took bread,
and when he had given thanks to you,
he broke it, and gave it to his disciples,
and said, “ Take, eat:
this is my body which is given for you.
Do this for the remembrance of me.”

After supper he took the cup of wine;
and when he had given thanks,
he gave it to them,
and said, “ Drink this, all of you:
this is my blood of the new covenant,
which is shed for you and for many
for the forgiveness of sins.
Whenever you drink it,

do this for the remembrance of me.”

Gracious God,
his perfect sacrifice
destroys the power of sin and death;
by raising him to life
you give us life for evermore.
Therefore we proclaim the mystery of faith.

**All: Christ has died.
Christ is risen.
Christ will come again.**

Presider: Recalling his death,
proclaiming his resurrection,
and looking for his coming again in glory,
we offer you, Father, this bread and this cup.
Send your Holy Spirit upon us
and upon these gifts,
that all who eat and drink at this table
may be one body and one holy people,
a living sacrifice in Jesus Christ, our Lord.

Through Christ, with Christ, and in Christ,
in the unity of the Holy Spirit,
all glory is yours, almighty Father,
now and for ever.

All: Amen.

The Lord's Prayer

BAS page 211

And now, as our Saviour Christ has taught us, we are bold to say,

**Our Father, who art in heaven,
hallowed be thy name,
thy kingdom come,
thy will be done,
on earth as it is in heaven.
Give us this day our daily bread.
And forgive us our trespasses,
as we forgive those who trespass against us.
And lead us not into temptation,
but deliver us from evil.
For thine is the kingdom,
the power, and the glory,
for ever and ever. Amen.**

The Breaking of the Bread #4

BAS Page 212

Presider: "I am the bread which has come down from Heaven," says the Lord.

All: Give us this bread for ever.

Presider: "I am the vine, you are the branches."

All: May we dwell in him, as he lives in us.

Presider: The gifts of God for the People of God.

All: Thanks be to God.

Communion Music:

AGNUS DEI

Lamb of God you take away
the sin of the world
have mercy on us

Lamb of God you take away
the sin of the world
have mercy on us

Lamb of God you take away
the sin of the world
grant - us peace

**CPCP 563 In God Alone My Soul
The River**

CP 292 We Cannot Measure How You Heal

Prayer After Communion

Presider: Source of all goodness, in this eucharist we are nourished by the bread of heaven and invigorated with new wine. May these gifts renew our lives, that we may show your glory to all the world, in the name of Jesus Christ the Lord.

All: Amen

Presider: All your works praise you, O Lord.

All: And your faithful servants bless you. Gracious God we thank you for feeding us with the body and blood of your Son Jesus Christ. May we, who share his body, live his risen life; we, who drink his cup, bring life to others;

we, who the Spirit lights, give light to the world. Keep us firm in the hope you have set before us, so that we and all your children shall be free, and the whole earth live to praise your name; through Christ our Lord. **Amen.**

The Blessing: Rev. Ann Camber

Go in peace; love and care for one another in the name of Christ; and may the Spirit of God which filled John and Jesus, fill your hearts, souls and minds; may the power of God which upheld them, strengthen you for each day; and may the love of God which directed their every action be your guiding light and your shining star, both now and forevermore. Amen

Announcements:

Closing Music: Come To The River

Dismissal: Go in peace to love and serve the Lord.

**Thanks be to God.
Alleluia ! Alleluia ! Alleluia !**

Please note that there is a 'treasure chest' at the back of the church where offerings can be left when leaving the church.

Readings for the Fifth Sunday after Epiphany

Isaiah 58: 1 – 12.....

Psalm 112: 1 – 10

1 Corinthians 2: 1 – 16

Matthew 5: 13 – 20

Anglican Cycle of Prayer Please Pray for:
4th Sunday of Epiphany
The Church of Pakistan (United)

Anglican Lutheran Cycle of Prayer :
Please Pray for:

ACC: The Provincial Synod of the Ecclesiastical
Province of Canada

ELCIC The dean, council, and congregations of the
Ottawa, Ottawa Valley and Seaway Areas of
the Eastern Synod

Diocesan Cycle of Prayer: Please pray for:
Parish of West Thunder Bay: St. James', Murillo, St.
Mark's, Rosslyn, The Rev. Jonathan Blanchard, The Rev.
Canon Paul Carr (Hon.),

Our Parish Cycle of Prayer

Please pray for our own church members

Bob and Carol Lee Kostyniuk, Richard and Adrienne
Lambert, and Kaylee, Colin Laraway, Doris Loon, Neil and
Audrey Love, Paul Love. Julia MacDougall, Monica
MacKay, Jessica and Murray MacRae, Gabriel, Ellie, Gavin
and Isobel, David Marler Jean McAlpine-Marler, Brock
and Gail Marshall, Ian and Virginia McEwen, and Rory
and Toby, Gloria McKay, Donald and Elaine McKinnon

Please Pray For: Our young people in Junior High
School, High School, College and University who are
struggling academically, social and mentally, as well as
with understanding their own identities.

A grace note from www.thunderbay-northshoreanglicans.com

Rejoice and be glad..

2023 Parishioner Parking Passes are available at the office Tues. – Thurs. 10 a.m. – 2 p.m.: Friday 8 a.m. – 12 noon or on Sun. before church.

EVENTS AT GATHERING TABLE

Groups or individuals wishing to use the Parish Hall, or Kitchen, may do so by filling out the Gathering Table Booking Request Form that is available by calling the office at 345-6898 or by emailing the office at (office@gatheringtable.ca).

Calendar of Events

| | |
|-----------------------|---|
| Jan. 31 st | Book Study begins on Zoom 7 – 8:30 p.m. |
| Feb. 4 th | Felting Workshop see Frances |
| Feb. 7 th | Book Study on Zoom |
| Feb. 8 th | Sleep G. Farm pick up 1 – 6 p.m. |
| Feb. 12 th | Food Cupboard 11:30 a.m. |
| Feb. 14 th | Altar Guild Meeting 1:30 – 3 p.m. |
| Feb. 14 th | Book Study on Zoom 7 p.m. – 8:30 p.m. |
| Feb. 19 th | Annual Vestry Meeting following the service, with light refreshments and also on Zoom |
| Feb. 21 st | Pancake Supper 5 p.m. – 7 p.m. |
| Feb. 22 nd | Sleep G. Farm pick up 1 – 6 p.m. |
| Feb. 22 nd | Ash Wednesday Service 7 p.m. |
| Feb. 23 rd | Camp Gitchigomee Mtg. 7 p.m.(Date change) |
| Feb. 26 th | Food Cupboard 11:30 a.m. |
| Feb. 28 th | Lenten Book Study - Rev. Gail Clifton 2 p.m. |
| Feb. 28 th | Parish Council Meeting 7 p.m. |

| | |
|-----------------------|-------------------------------------|
| Mar. 12 th | Food Cupboard 11:30 a.m. |
| Mar. 18 th | Men's Breakfast |
| Mar. 18 th | Gathering Table Lenten Quiet Day |
| Mar. 21 st | Camp Gitchigomee AGM 6:45 p.m. Mtg. |
| Mar. 25 th | Deanery Council Lenten Quiet Day |
| Mar. 26 th | Food Cupboard |
| Mar. 28 th | Parish Council Meeting 7 p.m. |

Baptism and Confirmation

Rev. Ann would like to know if there is anyone who is interested in the Sacrament of Baptism (Infant or Adult), or Confirmation (Ages 13+), or Life in the Eucharist (ages 7+) Please call the office or talk to Rev. Ann for more information. (There are sheets on both Baptism, and Confirmation in the rack at the back of the church, or they can be emailed to you by calling the office at 345-6898.

Our Daily Bread for March, April, May 2023

Warm Clothing Needed at Mission to Seafarers

We have very little warm clothing on hand! The Mission to Seafarers would appreciate donations of **warm, small to large size men's clothing**. Many of the sailors on ocean-going vessels come from warmer countries and find our fall weather rather cold. Donations can be put in the drop off box outside the Seafarers' Centre [or given to the MTS Congregation Rep at each Anglican parish].

We Welcome Your Prayer Requests:

If you have any needs or concerns that you would like placed on the Gathering Table prayer chain, please email

the request to prayerchain@gatheringtable.ca. If you do not have access to email, please call the office or Sheila Chisholm at 787-0253 and we will get it sent out for you.

The Cold Weather is Here

Please make sure that if you are the last to leave, that you shut the doors in the different areas of the church and hall to help save money on heating. *Thanks David Reid*

Reminder about Visitations:

Rev. Ann has started her Pastoral care visits. If you would like a visit, please call 807-285-9446 or email her at:

rector@gatheringtable.ca



2023 Envelopes are now available at the back of the church. **Or Ask About Electronic Offering Program.** For the EOP please use “**church**”

Sunday Sermons: Sunday service can be viewed on the Gathering Table website <http://gatheringtable.ca> and on the Gathering Table Facebook page. The whole service will be live streamed at 10 a.m. Sunday at the link <http://gatheringtable.ca> **Please Note** You may be visible on the online stream

Annual Vestry Meeting

February 19th, 2023

Will follow the Sunday morning service, after a light lunch.

Zoom will also be available.

Reports will be available shortly.

Camp Gitchigomee Summer Camp Dates for 2023

July 9 – 15th, - **Senior Camp** (ages 13 – 15)

July 16 – 22nd, - **Junior Camp** (ages 7 – 9)

July 23 – 29th, - **Intermediate Camp** (ages 10 – 12)

Bursaries are available through each Anglican Church. If you would like to sponsor a camper, please talk to Jim Sutton, or Roberta Wolfe.

Staff is Also Needed

Paid Positions - Waterfront Directors and Life Guards
Cooks, Assistant Cooks, and Cook's Helper

Volunteer Positions

Male and Female Cabin Leaders 18+, Male and Female
Junior Cabin Leaders 14+,
Assistant Camp Directors for sports, crafts, Spiritual
Directors, Handy Person/s,
Everyone 18+ must have a current Police Record Check.

Delivery people each week are also needed to transport food and supplies out to camp as required.

Camp Gitchigomee Membership 2023

Are now available for a short period of time. Just \$5.00
See Roberta Wolfe, or Jim Sutton to purchase yours

Gathering Table Lenten Quiet Day

Saturday, Mar.18th, 2023

More information available soon. Call the office if you would like to attend. 345-6898 office@gatheringtable.ca



Gathering Table

228 Pearl Street, Thunder Bay, Ontario P7B 1E4

Email: office@gatheringtable.ca

Web: <http://gatheringtable.ca>

Office: 345-6898

Hall: 345-6088

Office Hours:

Tuesday, Wednesday and Thursday from 10 a.m. – 2 p.m.

Friday from 8 a.m. to noon

Pastor: Rev. Ann Camber, M.Div.

Phone: 807-285-9446 Email: rector@gatheringtable.ca

Honorary Assistant: The Rev. Gail M. Clifton, M.Div.

Phone: 768-9865 Email: gailx2@shaw.ca

Lay Readers:

Frances Bennett-Sutton, Rose Jardine, Brenda O'Neill,
Richard Pepper, Jim Sutton, Kim Bienvenue,

Rector's Warden: David Reid

People's Warden: Jim Sutton

Deputy People's Warden: Sheila Chisholm

Music Director; - Pianist Donna Hamill

Archbishop Anne's Motto for 2023

"The Spirit of the Lord is upon me, because he has anointed me to bring good news to the poor. He has sent me to proclaim release to the captives and recovery of sight to the blind, to set free those who are oppressed, to proclaim the year of the Lord's favor."